

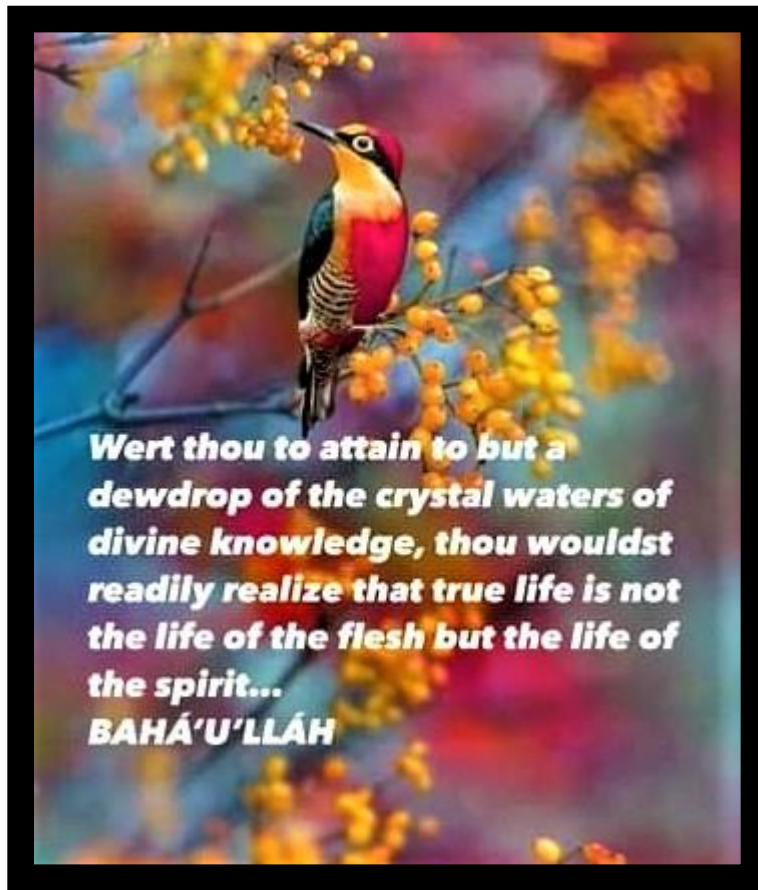


Port Alberni Nuggets

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Qawl/Speech, 179, B.E

Baha'i Quote of the Month



Baha'i Stories:

Bahá'u'lláh received His intimation in a dream:

One night in a dream," Bahá'u'lláh Himself, recounting His soul-shaking experience of the first stirrings of His prophetic Mission, in the Year Nine, in that abominable pit, has written, "these exalted

words were heard on every side: 'Verily, We shall render Thee victorious by Thyself and by Thy Pen. Grieve Thou not for that which hath befallen Thee, neither be Thou afraid, for Thou art in safety. Ere long will God raise up the treasures of the earth -- men who will aid Thee through Thyself and through Thy Name, wherewith God hath revived the hearts of such as have recognized Him!' -Shoghi Effendi, Messages to America, p. 99

News and Events:

News from our twin community of Jaipur, India

Here are some pictures of some of the activities and celebrations, including a Baha'i wedding.



Bahá'í World News Service

Austria: Play explores Táhirih's connection with pioneer of women's movement



Views of the Austrian Bahá'í National Centre, where a play about Táhirih was staged as part of the Ministry of Art and Culture's nationwide open house initiative.

VIENNA — What is the connection between Táhirih—a Bahá'í heroine of women's emancipation in the nineteenth century—and Marianne Hainisch, founder of Austria's women's movement?

This is the subject of exploration in a play titled “Der Siegelring!” which was staged recently at the National Centre of the Bahá'ís of Austria as part of a nationwide open house initiative of the Ministry of Art and Culture to promote public discussion on a range of national issues.

Hainisch, who is recognized as a pioneer of Austria's women's movement, advocated for equal access to higher education and established the first high schools for girls in that country.

In an [interview](#) with Martha Root—a notable early Bahá'í—Hainisch stated: “I was a young girl, only seventeen years old when I heard of the martyrdom of Táhirih, and I said, ‘I shall try to do for the girls of Austria what Táhirih tried to do and gave her life to...’”

The play was authored by Isma Forghani in 2019 in honor of the bicentenary of the birth of the Báb. “The story follows a conversation between prominent Europeans of the nineteenth and twentieth centuries who had found inspiration in Táhirih's life as a champion of the equality of women and men,” says Mrs. Forghani.

Nicole Fendesack directed the latest production of the play, which has been performed on many occasions over the past three years. “Through the play,” she says, “we encounter exceptional historical women who have not only influenced the past and the present through their lives and deeds, but who also have so much to say for future generations.”

Corinne Farid, a member of the Bahá'í National Spiritual Assembly of Austria, explains that the play aims to contribute to the discourse on the equality of women and men.

“This play, in its essence, is an exploration of the Bahá'í principle of the oneness of humanity and the elimination of all forms of prejudices,” she says.

Members of the audience continued their exploration of these themes at an exhibit about the efforts of the Bahá'ís of Austria aimed at social progress, which highlighted insights from Bahá'í community-building efforts in neighborhoods throughout that country.

Poem of the month

**Nine days of pilgrimage,
Nine days of peace,
Nine days in heaven,
I wish time would cease!**

**Now the nine year plan beckons,
The efforts of each one,
Ablaze with the Pilgrimage,
May each of us shine like the sun.**

**The gardens of Mount Carmel,
Brilliant and bright,
In honour of the Bab,
Who was denied candle light.**

**The beauty of Bahji,
Colourful and green
In honour of Bahá'u'lláh,
Whose eyes for years, had no verdure seen.**

**May our prayers at the Holy Shrines
Transform and inspire,
May we always serve His Cause
With new zeal and fire.**

Tahera

From the pages of history

Tahirih

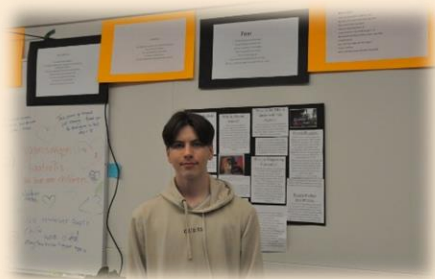
These all, with the single exception of Tahirih, attained the presence of the Bab, and were personally invested by Him with the distinction of this rank. It was she who, having learned of the intended departure of her sister's husband, Mirza Muhammad-'Ali, from Qazvin, entrusted him with a sealed letter, requesting that he deliver it to that promised One whom she said he was sure to meet in the course of his journey. "Say to Him, from me," she added, "The effulgence of Thy face flashed forth, and

the rays of Thy visage arose on high. Then speak the word, "Am I not your Lord?" and "Thou art, Thou art!" we will all reply."

Mirza Muhammad-'Ali eventually met and recognised the Bab and conveyed to Him both the letter and the message of Tahirih. The Bab forthwith declared her one of the Letters of the Living. Her father, Haji Mulla Salih-i-Qazvini, and his brother, Mulla Taqi, were both mujtahids of great renown, were skilled in the traditions of Muslim law, and were universally respected by the people of Tihran, Qazvin, and other leading cities of Persia. She was married to Mulla Muhammad, son of Mulla Taqi, her uncle, whom the shi'ahs styled Shahid-i-Thalith. Although her family belonged to the Bala-Sari, Tahirih alone showed, from the very beginning, a marked sympathy and devotion to Siyyid Kazim. As an evidence of her personal admiration for him, she wrote an apology in defence and justification of the teachings of Shaykh Ahmad and presented it to him. To this she soon received a reply, couched in the most affectionate terms, in the opening passages of which the Siyyid thus addressed her: "O thou who art the solace of mine eyes (Ya Qurrat-i-'Ayni!), and the joy of my heart!" Ever since that time she has been known as Qurratu'l-'Ayn. After the historic gathering of Badasht, a number of those who attended were so amazed at the fearlessness and outspoken language of that heroine, that they felt it their duty to acquaint the Bab with the character of her startling and unprecedented behaviour. They strove to tarnish the purity of her name. To their accusations the Bab replied: "What am I to say regarding her whom the Tongue of Power and Glory has named Tahirih [the Pure One]?" These words proved sufficient to silence those who had endeavoured to undermine her position. From that time onwards she was designated by the believers as Tahirih. - THE DAWN-BREAKERS, p.81

News and Nuggets from other communities

Trauma and hope: Ucluelet Secondary exhibits poems inspired by residential school survivors



Ucluelet, BC

Ucluelet Secondary School (USS) began preparing for the Legacy of Hope Exhibit within days of welcoming their students back from summer vacation, ahead of the deadline for National Day for Truth and Reconciliation on September 30th.

Jason Sam, program coordinator for the Clayoquot Biosphere Trust, had been organizing for six months prior to the event. On the second day of school Sam and USS teachers began working together, introducing the project to students at the end of the first week.

Sam organized for students and residential school survivors to meet at Tin Wis, the former location of Christie Residential School, for stories from the institution to be shared with students.

Students then took to the classroom, and worked on projects that would be displayed in the exhibit.

Sam said the exhibit was broken down into three themes: truth, honor, and reconciliation. History 12, BC First Peoples 12, and Social Studies 9 worked on truth, Art 9 and English 10 worked on honor, while Literary Studies 11, Nuu-chah-nulth 8 and 10 worked on reconciliation. There were 150 students involved in the project.

In partnership, Ucluelet Secondary School and Clayoquot Biosphere Trust organized the Legacy of Hope Exhibit along with a multi-disciplinary display created by students. Funded by the Heritage Project and Clayoquot Biosphere Trust, the exhibit was created as a learning opportunity for the students and community members.

The Legacy of Hope Exhibit, representing the 2008 Canadian government apology, was in the very center of the room. In this interactive piece of the exhibit folks were invited to leave a message to survivors or the people of Canada.

Nancy Woods, Grade 10 English teacher at USS, said that students were learning about didactic poems, which are pieces that explore truth, morals, and principle their messages.

Students worked in teams to create paired poems. One poem exploring the heavy emotions and experiences of the survivors, the other exploring its healing counterpart.

“What better way to explain the moral injustices, and then the strength of the survivors than this juxtaposition,” said Woods.

Grade 10 English students, the authors of the poems, spoke with Ha-Shilth-Sa about their experience working on them.

Yemaya Windle, student and author of the poem Healing, said it was an eye-opening experience listening to the survivors tell their stories.

“We wrote how painful that was that they couldn't be around their family where they felt most safe,” Windle said. “I wrote how, how when they finally got home, how it was a slow healing process for everything that they've been through.” “It was really hard to write because, obviously, I wasn't in their shoes... I'm never going to exactly know how they felt,” she added.

Jacob Offerein wanted to capture the experience of the survivors as best he could. Offerein and his partner wrote the poems titled Isolation and Community.

“We wanted people to see the importance of family and...being social with other people,” said Offerein. “And we really wanted to do what happens if you're all by yourself - stripped of your identity... we really wanted to emphasize the culture and the people.”

“I think they find the value in it when you're bringing in people who actually can share their stories about going to residential schools, it kind of puts this serious veil on it, and the kids have been great,” said Sam. “It's such a hard thing to do once you start school. We're jumping straight into residential schools just to try to meet that deadline of September 30.”

Rhys Cannon, a Grade 10 English student and author of the poem *Fear*, said that he had been learning about Canada's residential schools for a few years, but didn't know the extent of what the survivors experienced.

"I've heard stories [before], but I never heard it from the actual survivors," said Cannon.

"[Truth and reconciliation is] really important because this stuff needs to be addressed," continued Cannon. "All the calls to actions need to be dealt with. So I think it's really good that it's going on."

From the editor's desk:

Delayed Gratification a Path to the Next World

Life has gradually taught me the benefits and the joy of delaying gratification. Why put off enjoying the immediate rewards for my efforts? Allow me to explain.

Delayed gratification didn't come naturally to me. I had to learn it by trial and error. Suppose you're not familiar with the concept. In that case, delayed gratification refers to the ability to put off something mildly fun or pleasurable now and gain something even more fun, pleasurable, or rewarding later. For example, you could relax and watch TV the night before an exam. You could practice delayed gratification and study for the exam—waiting to relax only after the exam is over. Some say the discipline of delayed gratification creates real success in life:

The ability to discipline yourself to delay gratification in the short term to enjoy greater rewards in the long term, is the indispensable prerequisite for success. – Brian Tracy

Everyone wants to enjoy the rewards of their efforts, and there is nothing wrong with that. When we want instant gratification, the problem arises, rewarding ourselves right after half of the work is done and often before the job is finished. In extreme cases, one rewards oneself even before the work begins!

This kind of instant gratification indicates a lack of self-discipline and self-control, an absence of purpose in one's life and the inability to set goals and see them through. It also sets up a self-defeating pattern: if we reward ourselves before finishing a task, we train ourselves not to complete it.

Those who practice delayed gratification demonstrate a clear purpose in life and the need to accomplish worthwhile goals. Delayed gratification means accepting the awareness of life's journey as a long one and planning it.

So, as I was thinking about how much I enjoy my quality time after doing everything on my to-do list for the day, I had an "a-ha!" moment: I realized that our lives, with all their complications, present us with a massive exercise in delayed gratification.

Our comfort and progress in the next world depend on sacrificing many human desires. To progress spiritually, we must value our own will less than the will of our Creator. That way, we can enjoy our journey, fully aware that we've delayed receiving the rewards of this physical world for the next one. This process, in my estimation, represents the greatest delayed gratification one can imagine.

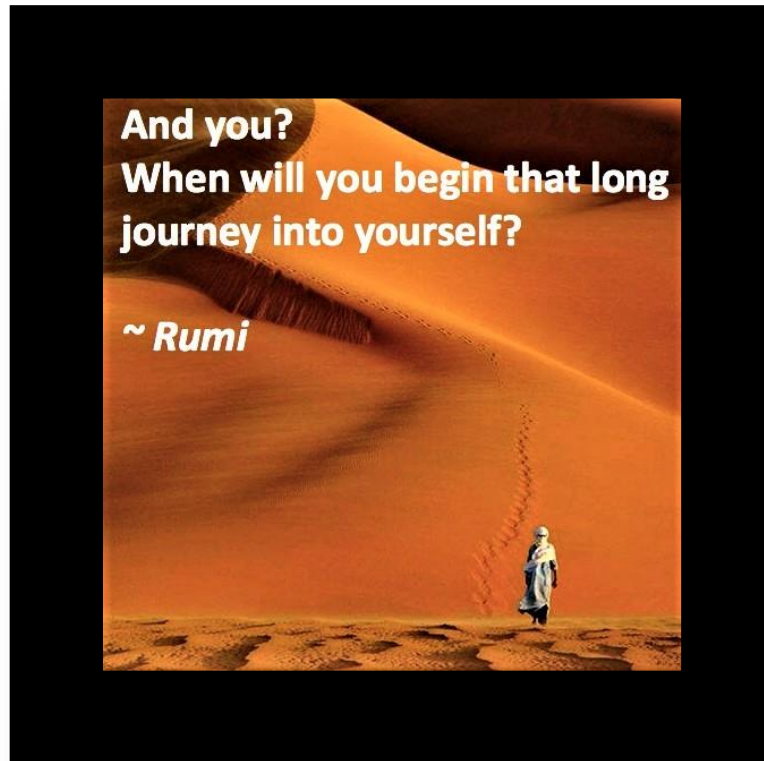
The Baha'i teachings remind us about our purpose for preparing for the next world:

“Therefore in this world, he must prepare himself for life beyond. That which he needs in the world of the Kingdom must be obtained here. Just as he prepared himself in the world of the matrix by acquiring forces necessary in this sphere of existence, so likewise the indispensable forces of the divine existence must be potentially attained in this world.” – Abdu'l-Baha

We spend our lives doing things in this material world, hoping for the rewards they will generate. We sacrifice mental and physical energy to earn money so that we can acquire the things we need and want—but some of us spend it without much thought for the future. Only a small percentage of people save money to accumulate until they can exchange it for the things they desire the most.

In the same way, no reward or gratification is more magnificent than entering the next world with a clear conscience, knowing that we have exerted our spiritual energies to the service of humanity and spiritual growth.

Famous quotes:



Upcoming Events:

Next feast, Masa'il/Questions, December 12, 2022

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